

# Hummus Dippers

## NUTRITION INFORMATION

Servings per package:1

Serving size: 228g

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	648kJ (155Cal)	284kJ (68Cal)
PROTEIN	5.9g	2.6g
FAT, TOTAL	7.1g	3.1g
- SATURATED	1.0g	less than 1g
CARBOHYDRATE	12.8g	5.6g
- SUGARS	9.2g	4.0g
SODIUM	202mg	89mg

Ingredients: Carrot, **Hummus**, Snowpea,, Celery.

**Contains Soybean, Sesame Seeds.**