

# Cottage Cheese And Mixed Berries

## NUTRITION INFORMATION

Servings per package: 1

Serving size: 350g

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	1270kJ (304Cal)	364kJ (87Cal)
PROTEIN	32.6g	9.3g
FAT, TOTAL	11.7g	3.3g
- SATURATED	7.1g	2.0g
CARBOHYDRATE	14.1g	4.0g
- SUGARS	13.9g	4.0g
SODIUM	557mg	159mg

Ingredients: **CottageCheese**, Mixed Berries.

**Contains Milk.**