

Egg, Boiled

NUTRITION INFORMATION

Servings per package: 1

Serving size: 88g (2 eggs)

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	515kJ (123Cal)	585kJ (140Cal)
PROTEIN	11.4g	13.0g
FAT, TOTAL	8.5g	9.7g
- SATURATED	2.9g	3.3g
CARBOHYDRATE	less than 1g	less than 1g
- SUGARS	less than 1g	less than 1g
SODIUM	41mg	47mg

Ingredients: **Egg**

Contains Egg.